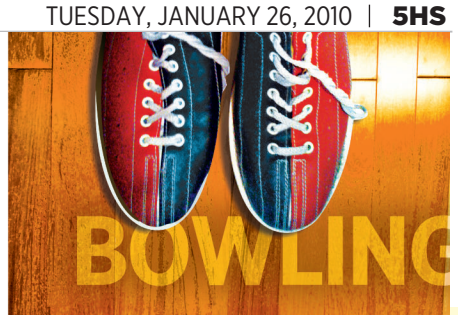




# ALL-DADE

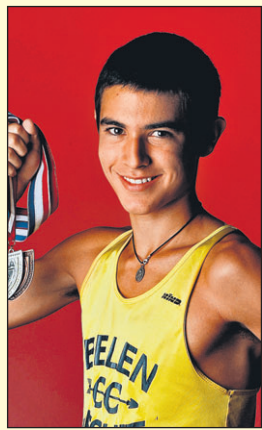
## HIGH SCHOOL SPORTS ★ FALL 2010



### CROSS COUNTRY

BOYS

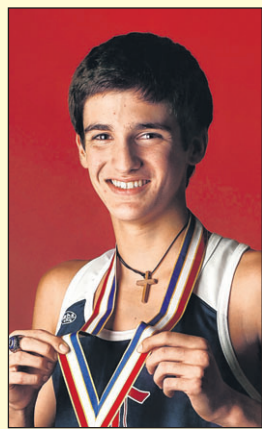
GIRLS



**ELLIOT CLEMENTE**  
BELEN



**MARIA BALCAZAR**  
CARROLLTON



**DOMINICK CABRERA**  
COLUMBUS



**NATALIE CONCEPCION**  
FERGUSON



**ARMANDO DEL VALLE**  
COLUMBUS



**CRISTINA BREA**  
LOURDES



**MARK GULESIAN**  
COLUMBUS



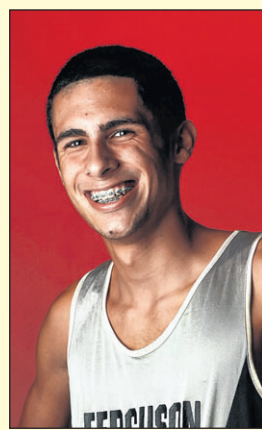
**COURTNEY FILIBEN**  
LOURDES



**DYLAN COOK**  
CORAL REEF



**VICTORIA VILLARNOVO**  
LOURDES



**JOSE ESTEVEZ**  
FERGUSON



**ALESSANDRA VALDES**  
LOURDES



**RAUL MONTOYA**  
FERGUSON



**NICOLE CARPIO**  
RANSOM

### BOYS' CROSS COUNTRY – FIRST TEAM

RUNNER	SCHOOL	YR.	TOP TIME
Dominick Cabrera	Columbus	Sr.	15:48
● Of note: Fourth at state (4A); Sixth at regionals.			
Elliot Clemente	Belen	So.	15:28
● Of note: Third at state (2A); Reg. champion.			
Dylan Cook	Coral Reef	Jr.	16:10
● Of note: 19th at state; Fourth at regionals.			
Armando Del Valle	Columbus	Jr.	14:56
● Of note: Regional, district and GMAC champion.			
Jose Estevez	Ferguson	Jr.	16:07
● Of note: Fourth at districts; Fifth at regionals.			
Mark Gulesian	Columbus	Jr.	15:39
● Of note: 10th at state; Regional runner-up.			
Raul Montoya	Ferguson	Jr.	16:00
● Of note: Third at regionals; 20th at state			

### OTHER TEAMS

● **Second team:** Eduardo Arechabala, Columbus, Sr.; Joshua Estrada, Ferguson, Sr.; Joseph Lindsay, Belen, Jr.; Brandon Martinez, Belen, So.; Gary Pierre-Louis, Central, Sr.; David Ramirez, Coral Reef, Sr.; Jesus Rivas, Hialeah-Miami Lakes, Sr.  
 ● **Third team:** Adrian Diaz-Granados, Ransom, Sr.; Wesley George, Coral Gables, Sr.; OsDaniel Hernandez, Hialeah-Miami Lakes, Sr.; Bert Irigoyen, Ransom, So.; Gaby Loret de Mola, Belen, Jr.; Andrew Shaheen, Columbus, Sr.; Caleb Wishart, Westwood Christian, Jr.  
 ● **Honorable mention – Archbishop Carroll:** Marco Coppo, Adam Zahoran, Patrick Griffin, Austin Sutton; **Archbishop Curley:** Sanjay Smith, Michael Greene, Kevin Smith, Calvin Rayburn; **Braddock:** Jose Cardona, Eder Mejia, Jeisson Annichiarico, Alex Gomez; **Coral Park:** Bryan Martinez, Chris Delgado, Roberto Mena, Louis Palacios; **Ferguson:** Fernando Salazar, Alexander Capaldo, Daniel Aguedelo, Sebastian Puerta; **Killian:** Jorge Rivera, Michael Wojnar, Christian Salazar, Fabian Delgado; **Miami Country Day:** Josh Guerra, Isaac Manton, Pablo Mejia, Teddy Pornprinya; **Palmer Trinity:** Luis Asensio, Tony Schiappa-Pietra, Matt Benenati, Jonathan Chang; **St. Brendan:** Robert Wood; **Sunset:** Mateo Carreno, Francisco Clavijo, Anthony Gutierrez, Greg Tufts.

### GIRLS' CROSS COUNTRY – FIRST TEAM

RUNNER	SCHOOL	YR.	TOP TIME
Maria Balcazar	Carrollton	Fr.	18:59
● Of note: Ninth at state (2A); Fifth at regionals.			
Cristina Brea	Lourdes	Sr.	19:41
● Of note: 4th at districts; 6th at regionals.			
Nicole Carpio	Ransom	So.	17:55
● Of note: Third at state (2A); Fourth at regionals.			
Natalie Concepcion	Ferguson	So.	19:14
● Of note: GMAC champion; District runner-up.			
Courtney Filiben	Lourdes	Fr.	18:34
● Of note: 14th at state (4A); Regional runner-up.			
Alessandra Valdes	Lourdes	Jr.	18:46
● Of note: 11th at state (4A); District champion.			
Victoria Villarnovo	Lourdes	So.	18:59
● Of note: Regional champion; 18th at state (4A).			

### OTHER TEAMS

● **Second team:** Isa Cuervo, Ransom, Jr.; Michelle Figueroa, Florida Christian, So.; Claire Long, Miami Country Day, Sr.; Marivi Madiedo, Carrollton, 6th; Alexa Rangel, Killian, Sr.; Camila Ramon, Sunset, Sr.; Barbara Wilson, South Dade, Fr.  
 ● **Third team:** Kali Benavides, Killian, Jr.; Tianeisha Bogan, South Dade, Sr.; Carrie Davis, Gulliver, Fr.; Stephanie Espinosa, Varela, Jr.; Mollie Felder, Florida Christian, Jr.; Kaitlin Marron, Ransom, Fr.; Stephanie Padron, Lourdes, Sr.  
 ● **Honorable Mention – Archbishop Carroll:** Kelly Cinnali, Claudia Perez, Victoria Suarez; **Archbishop Curley:** Rachelle Antoine, Jessica Velasco, Laura Martin, Silvia Bacchielli; **Carrollton:** Mary Grace Darmody, Gabriela Gonzalez, Daniela Cosio, Jennifer Wilde; **Coral Park:** Carina Mendoza, Thania Vargas, Jennifer Gonzalez, Cynthia Gavilanes; **Ferguson:** Rachel Licea, Lauren Gonzalez, Jillian Valentin, Lilliana Garvalosa; **Killian:** Veronica Simmons, Michelle Gauthreaux, Katie Price, Priscilla Osorio; **Lourdes:** Astrid Menendez, Catherine Ventura; **Miami Country Day:** Mila Boano, Lara Ricote, Nicole Sherwood, Columbia Clancy; **Miami Springs:** Dallas Carter, Cecilia Delgado, Nikki Perez, Jessica Christman; **Palmer Trinity:** Cindy Chang, Hanne Staertzel, Carolina Barrios; **Ransom:** Paul Suzanne Lapciuc, Amy Novak, Veronica Junghahn, Franklin Morgan; **St. Brendan:** Krystal Francis, Kelly Barbosa, Jenny Barbosa, Arielle Scavo.

### BOYS' BOWLING – FIRST TEAM

BOWLER	SCHOOL	YR.	AVG.
Lance Elder	South Dade	So.	206
● Of note: 7th at districts; Third at GMAC.			
Daniel Gajus	South Dade	Sr.	200
● Of note: GMAC champion.			
Shawn Humphreys	Krop	Sr.	204
● Of note: GMAC runner-up; 4th at district.			
Andrew Koff	Gulliver	Sr.	
● Of note: District champion.			
Amir Merali	Palmetto	Jr.	163
● Of note: District runner-up.			
Brandon Wendel	Coral Reef	Sr.	192
● Of note: Fifth at districts.			

### OTHER TEAMS

● **Second team:** John Benton, South Dade; Joshua Burstein, Coral Reef; Felix Lopez, Columbus; Sam Stacy, South Dade; Alex Hernandez, Coral Reef; Rick Jimenez, Goleman.  
 ● **Honorable Mention – American:** James Munroe, Javier Marticorena.  
**Braddock:** Mario Fernandez, **Carol City:** Darius McGhee, Ronald Davis, Christopher Pichardo. **Coral Reef:** Kyle Ogrady, Alex Hernandez.  
**Columbus:** Alex Mouriz, Gui Antonini, Danny Ortega, Yovahn Vinas, Jason Gonzalez, Danny Ortiz. **Edison:** Carl Salame, Jean Jimenez. **Goleman:** Andres Folgueras. **Killian:** Stefan Rivero, Dylan Garmen, Philip Fahmei. **Krop:** Ryan Heisler, Daniel Graham, Jayroby Gerosmos. **MacArthur South:** Aramis Moreira. **Miam High:** Erick Jarquin, Michael Medina. **North Miami:** Decarlo Smart, Eddie Alvarado, Mark Brotonel. **Palmetto:** David Lamb. **Reagan:** Ivan Ramirez, Ari Pena, Jose Gomez. **Sunset:** Daniel Hurst. South Dade: John Benton. **South Miami:** Daniel Santana, Johnathan Morales. **Southwest:** Ryan Orserais, Dominic Melendez, Robert Barber. **Varela:** Jonathan Padilla.

### GIRLS' BOWLING – FIRST TEAM

BOWLER	SCHOOL	YR.	AVG.
Melissa Covert	Palmetto	Sr.	189
● Of note: District runner-up; 4th at GMAC.			
Megan Hopper	Palmetto	Sr.	165
● Of note: Fifth at GMAC.			
Victoria Jones	NMB	So.	162
● Of note: District champion.			
Katherine Jones	NMB	Sr.	189
● Of note: GMAC champion.			
Ana Koff	Gulliver	Jr.	
● Of note: Individual state champion.			
Melissa Perez	Southwest	Fr.	183
● Of note: Third at GMAC; District champion.			

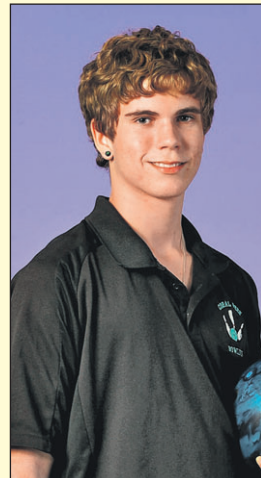
### OTHER TEAMS

● **Second team:** Erin Pettit, Palmetto; Kelsey Hudek, Killian; Robyn Graves, Carol City; Meagan Hernandez, Braddock; Alyssa Campos, Ferguson; June Hernandez, Varela.  
 ● **Honorable Mention – Braddock:** Natalie Alvarez, Karina Marreri, Mylene Garcia. **Carol City:** Kiaundra Mitchell, Delique Haymon, Altaneshia Mosley. **Coral Reef:** Erin Verrire, Yousy Jimenez, Sam Capparelli, Jasmine Smith. **Hialeah-Miami Lakes:** Cindy LY, Emmy Rassi, Amy Melendez, Daniela Lopez. **Killian:** Emily Goderich, Kelsey Hudek, Sabrina Smith. **Krop:** Andrea Regalado, Fernanda Olivera, Elizabeth Regalado, Carolina Fiol. **Miami High:** Dianne Perret, Margarita Meshini, Winny De Igadillo. **North Miami:** Kay Peel, Berline Lherisson, Victoria Roznak. **North Miami Beach:** Maloha Acevedo, Dinnie Lewis, Paola Landono. **Palmetto:** Kristen Haller, Alexis Snow, Emily Stephens. **Reagan:** Oriana Gonzalez, Daniela Serna, Aurora Reinfield, Jennifer Vazquez, Kathryn Falcon. **South Miami:** Gracie Ensenat, Carolina Cardenas, Catherine Rhodes. **Goleman:** Krystal Leon, Idelim Garay, Karina Marrero.  
**Credit:** The All-Dade cross-country team was selected by Miami Herald High School Sports Editor **Andre C. Fernandez** based on post-season results. The All-Dade bowling team was selected by Herald Sportswriter **Justin Azpiazu** based on postseason results and input from local coaches. Photos by **Carl Juste, Al Diaz** and **Allison Diaz**.

### BOWLING

BOYS

GIRLS



**BRANDON WENDEL**  
CORAL REEF



**ANA KOFF**  
GULLIVER



**SHAWN HUMPHREYS**  
KROP



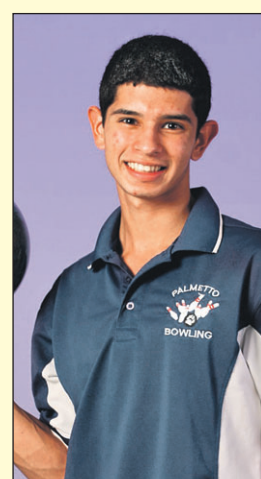
**KATHERINE JONES**  
NORTH MIAMI BEACH



**ANDREW KOFF**  
GULLIVER



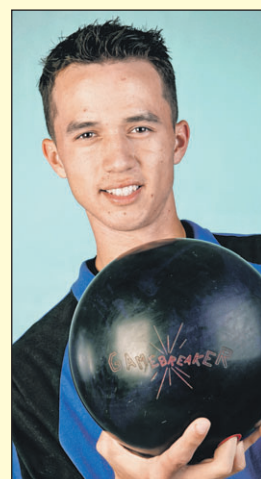
**VICTORIA JONES**  
NORTH MIAMI BEACH



**AMIR MERALI**  
PALMETTO



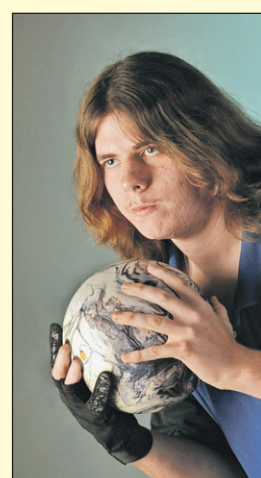
**MELISSA COVERT**  
PALMETTO



**LANCE ELDER**  
SOUTH DADE



**MEGAN HOPPER**  
PALMETTO



**DANIEL GAJUS**  
SOUTH DADE



**MELISSA PEREZ**  
SOUTHWEST